

# AUGUST ACTIVITIES, 2019

# SYCAMORE RESERVE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Happy Birthday!</i></p> <p>Jim Miller 8th Judy Bond 9th Brad Smith 10th Jane Moody (staff) 10th Kim Metz 11th Lois Wright 11th Mary Hopkins 14th Ginny Bowden (staff) 14th Will Booth 18th</p>	<p><i>Happy Birthday!</i> <i>(continued)</i></p> <p>Isabel Coleman 20th Larry Meek 21st Yvonne Hall 21st Robert Simon 31st</p>	<p><b>Key</b></p> <p>AO—Activity Office CR—Craft Room FR—Fitness Room FDR—Formal Dining Room FP—Fishing Pond LOB—First Floor Lobby OFF—Upstairs Office OA—Outside Activity PL--Pool TH—Town Hall THE—Theater WP—Outdoors Walking Path WR—Wabash Room</p>	<p><b>Transportation Schedule:</b></p> <p>Mondays, Tuesdays, Fridays: Medical Appointments</p> <p>Tuesdays/Thursdays: Groceries, Other Shopping</p> <p>Wednesdays: Outings</p> <p>Sundays: Church</p>	<p><b>1</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 9:30 Leave for Banks 10:00 Great Courses: Broadway 10:30 Zumba 11:00 Outdoor Walk 11:30 Cool Down on the Patio 12:30 Kroger/CVS 1:00 Euchre Club 1:30 Painting 101 2:00 Chat with Susan (Ex Dir) 2:30 Resident Council 3:00 Bingo 3:30 Open Swim 4:30 TED Talk: Living Young 6:30 S'Mores by the Pool 7:30 Movie</p>	<p><b>2</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 9:30 Intermediate Exercise 10:00 Creative Writing 10:30 Tai Chi 11:00 Outdoor Walk 11:30 Cool Down on the Patio 12:30 Kroger/Marsh 1:00 Bridge Club 1:30 Book Club 2:00 Tech Class 2:00 Mass 2:30 Beginning Spanish 3:00 Charity Crafts 3:30 Billiards 4:00 Sabbath Service 4:30 Happy Hour 6:30 Singer: Susan Boots 7:30 Movie</p>	<p><b>3</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 10:00 Gr Courses: Universe 11:00 Outdoor Walk 11:30 Cool Down on the Patio 1:00 Movie Matinee 3:00 Open Swim 4:30 Refreshments 7:30 Movie</p>
<p><b>4</b></p> <p>8:00 Coffee and Chat 9:00 Leave for Church 10:00 Leave for Church 11:00 Outdoor Walk 11:30 Cool Down on the Patio 12:30 Games of Choice 1:30 Outdoor Fun 2:00 Movie Matinee 3:00 Open Swim 4:30 Refreshments 7:30 Movie</p>	<p><b>5</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 9:30 Monday Bible Study 10:30 Tai Chi 11:00 Outdoor Walk 11:30 Cool Down on the Patio 12:00 ROMEO Club 1:00 Bridge Club 2:00 Gardening Club 3:00 Charity Crafts 3:30 Billiards 4:00 Recycling Group 7:30 Movie</p>	<p><b>6</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 9:30 Leave for Banks 10:00 Gr Courses: Human Body 10:30 Zumba 11:00 Outdoor Walk 11:30 Cool Down on the Patio 12:30 Kroger/Dollar Store 1:00 Euchre Club 1:30 Painting 101 3:00 Bingo 3:30 Billiards 4:00 Open Swim 4:30 Blood Pressure Check 6:30 Poker Night 7:30 Movie</p>	<p><b>7</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 9:30 Intermediate Exercise 10:00 Trip to Casino (Shelbyville) 10:30 Tai Chi 11:00 Outdoor Walk 11:30 Cool Down on the Patio 1:00 Canasta 2:00 Cornhole 3:00 Charity Crafts 3:30 Billiards 4:00 Swim Class 6:00 Pet Therapy 7:30 Movie</p>	<p><b>8</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 9:30 Leave for Banks 10:00 Great Courses: Broadway 10:30 Zumba 11:00 Outdoor Walk 11:30 Cool Down on the Patio 12:30 Meijers/Trader Joe's 1:00 Euchre Club 1:30 Painting 101 2:00 Chat with Susan (Ex Dir) 2:30 Movie Committee 3:00 Bingo 3:30 Open Swim 4:30 TED Talk: The Economy 6:30 Singer: Greg Anderson 7:30 Movie</p>	<p><b>9</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 9:30 Intermediate Exercise 10:00 Creative Writing 10:30 Tai Chi 11:00 Outdoor Walk 11:30 Cool Down on the Patio 1:00 Bridge Club 1:30 Book Club 2:00 Tech Class 2:30 Mass 3:30 Billiards 4:00 Sabbath Service 4:30 Happy Hour 6:30 Singer: Greg Anderson 7:30 Movie</p>	<p><b>10</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 10:00 Gr Courses: Universe 11:00 Outdoor Walk 11:30 Cool Down on the Patio 1:00 Movie Matinee 3:00 Open Swim 4:30 Refreshments 7:30 Movie</p>
<p><b>11</b></p> <p>8:00 Coffee and Chat 9:00 Leave for Church 10:00 Leave for Church 11:00 Outdoor Walk 11:30 Cool Down on the Patio 12:30 Games of Choice 1:30 Outdoor Fun 2:00 Movie Matinee 3:00 Open Swim 4:30 Refreshments 7:30 Movie</p>	<p><b>12</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 9:30 Monday Bible Study 10:30 Tai Chi 11:00 Outdoor Walk 11:30 Cool Down on the Patio 12:00 ROMEO Club 1:00 Bridge Club 2:00 Gardening Club 3:00 Charity Crafts 3:30 Billiards 4:00 Recycling Group 7:30 Movie</p>	<p><b>13</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 9:30 Leave for Banks 10:00 Gr Courses: Human Body 10:30 Zumba 10:45 Go to Dance Kaleidoscope 11:00 Outdoor Walk 11:30 Cool Down on the Patio 12:30 Kroger/Walgreen's 1:00 Euchre Club 1:30 Painting 101 3:00 Bingo 3:30 Billiards 4:00 Open Swim 4:30 Blood Pressure Check 6:30 Poker Night 7:30 Movie</p>	<p><b>14</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 10:00 Trip to Indianapolis Zoo 10:30 Tai Chi 11:00 Outdoor Walk 11:30 Cool Down on the Patio 1:00 Canasta 2:00 Cornhole 3:00 Charity Crafts 3:30 Billiards 4:00 Swim Class 6:00 Sing-a-long 7:30 Movie</p>	<p><b>15</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 9:30 Leave for Banks 10:00 Great Courses: Broadway 10:30 Zumba 11:00 Outdoor Walk 11:30 Cool Down on the Patio 12:30 Walmart/Waldenbooks 1:00 Euchre Club 1:30 Painting 101 2:00 Chat with Susan (Ex Dir) 2:30 Food Committee 3:00 Bingo 3:30 Open Swim 4:30 TED Talk: Making a Difference 6:30 Untd Methodist Bell Choir 7:30 Movie</p>	<p><b>16</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 9:30 Intermediate Exercise 10:00 Creative Writing 10:30 Tai Chi 11:00 Outdoor Walk 11:30 Cool Down on the Patio 1:00 Bridge Club 1:30 Book Club 2:00 Tech Class 2:30 Mass 3:30 Billiards 4:00 Sabbath Service 4:30 Happy Hour 6:30 Mystical Harpist 7:30 Movie</p>	<p><b>17</b></p> <p>8:00 Coffee and Chat 9:00 Morning Stretch 10:00 Gr Courses: Universe 11:00 Outdoor Walk 11:30 Cool Down on the Patio 1:00 Movie Matinee 3:00 Open Swim 4:30 Refreshments 7:30 Movie</p>

<p><b>18</b>  8:00 Coffee and Chat  9:00 Leave for Church  10:00 Leave for Church  11:00 Outdoor Walk  11:30 Cool Down on the Patio  12:30 Games of Choice  1:30 Outdoor Fun  2:00 Movie Matinee  3:00 Open Swim  4:30 Refreshments  7:30 Movie</p>	<p><b>19</b>  8:00 Coffee and Chat  9:00 Morning Stretch  9:30 Monday Bible Study  10:30 Tai Chi  11:00 Outdoor Walk  11:30 Cool Down on the Patio  12:00 ROMEO Club  1:00 Bridge Club  2:00 Gardening Club  3:00 Charity Crafts  3:30 Billiards  4:00 Recycling Group  7:30 Movie</p>	<p><b>20</b>  8:00 Coffee and Chat  9:00 Morning Stretch  9:30 Leave for Banks  10:00 Gr Courses: Human Body  10:30 Zumba  10:45 Go to Dance Kaleidoscope  11:00 Outdoor Walk  11:30 Cool Down on the Patio  12:30 Meijer/Trader Joe's  1:00 Euchre Club  1:30 Painting 101  3:00 Bingo  3:30 Billiards  4:00 Open Swim  4:30 Blood Pressure Check  6:30 Poker Night  7:30 Movie</p>	<p><b>21</b>  8:00 Coffee and Chat  9:00 Morning Stretch  10:00 Trip to Dance Kaleidoscope  10:30 Tai Chi  11:00 Outdoor Walk  11:30 Cool Down on the Patio  1:00 Canasta  2:00 Cornhole  3:00 Charity Crafts  3:30 Billiards  4:00 Swim Class  6:00 Wine Tasting  7:30 Movie</p>	<p><b>22</b>  8:00 Coffee and Chat  9:00 Morning Stretch  9:30 Leave for Banks  10:00 Great Courses: Broadway  10:30 Zumba  11:00 Outdoor Walk  11:30 Cool Down on the Patio  12:30 Kroger/CVS  1:00 Euchre Club  1:30 Painting 101  2:00 Chat with Susan (Ex Dir)  2:30 Res Executive Council  3:00 Bingo  3:30 Open Swim  4:30 TED Talk: Living Young  6:30 Singer: Joe Tucker  7:30 Movie</p>	<p><b>23</b>  8:00 Coffee and Chat  9:00 Morning Stretch  9:30 Intermediate Exercise  10:00 Creative Writing  10:30 Tai Chi  11:00 Outdoor Walk  11:30 Cool Down on the Patio  1:00 Bridge Club  1:30 Book Club  2:00 Tech Class  2:30 Mass  3:30 Billiards  4:30 Sabbath Service  4:00 Happy Hour  6:30 Gary Jones Jazz Piano  7:30 Movie</p>	<p><b>24</b>  8:00 Coffee and Chat  9:00 Morning Stretch  10:00 Gr Courses: Universe  11:00 Outdoor Walk  11:30 Cool Down on the Patio  1:00 Movie Matinee  3:00 Open Swim  4:30 Refreshments  7:30 Movie</p>
<p><b>25</b>  8:00 Coffee and Chat  9:00 Leave for Church  10:00 Leave for Church  11:00 Outdoor Walk  11:30 Cool Down on the Patio  12:30 Games of Choice  1:30 Outdoor Fun  2:00 Movie Matinee  3:00 Open Swim  4:30 Refreshments  7:30 Movie</p>	<p><b>26</b>  8:00 Coffee and Chat  9:00 Morning Stretch  9:30 Monday Bible Study  10:30 Tai Chi  11:00 Outdoor Walk  11:30 Cool Down on the Patio  12:00 ROMEO Club  1:00 Bridge Club  2:00 Gardening Club  3:00 Charity Crafts  3:30 Billiards  4:00 Recycling Group  7:30 Movie</p>	<p><b>27</b>  8:00 Coffee and Chat  9:00 Morning Stretch  9:30 Leave for Banks  10:00 Gr Courses: Human Body  10:45 Go to Dance Kaleidoscope  11:00 Outdoor Walk  11:30 Cool Down on the Patio  12:30 Walmart/Dollar Store  1:00 Euchre Club  1:30 Painting 101  3:00 Bingo  4:00 Open Swim  4:30 Blood Pressure Check  6:30 Poker Night  7:30 Movie</p>	<p><b>28</b>  8:00 Coffee and Chat  9:00 Morning Stretch  10:00 Trip to Edinburgh Mall  10:30 Tai Chi  11:00 Outdoor Walk  11:30 Cool Down on the Patio  1:00 Canasta  2:00 Cornhole  3:00 Charity Crafts  3:30 Billiards  4:00 Swim Class  6:00 Pet Therapy  7:30 Movie</p>	<p><b>29</b>  8:00 Coffee and Chat  9:00 Morning Stretch  10:00 Gr Courses: History of Broadway  10:30 Zumba  11:00 Outdoor Walk  11:30 Cool Down on the Patio  12:30 Costco  1:00 Euchre Club  1:30 Painting 101  2:00 Chat with Susan (Ex Dir)  2:30 New Resident Committee  3:00 Bingo  3:30 Open Swim  4:30 TED Talk: Living Young  6:30 Pianist: Phil Thompson  7:30 Movie</p>	<p><b>30</b>  8:00 Coffee and Chat  9:00 Morning Stretch  9:30 Intermediate Exercise  10:00 Creative Writing  10:30 Tai Chi  11:00 Outdoor Walk  11:30 Cool Down on the Patio  1:00 Bridge Club  1:30 Book Club  2:00 Tech Class  2:30 Mass  3:30 Billiards  4:00 Sabbath Service  4:30 Happy Hour  6:30 Singer: Keynote Brass  7:30 Movie</p>	<p><b>31</b>  8:00 Coffee and Chat  9:00 Morning Stretch  10:00 Gr Courses: Universe  11:00 Outdoor Walk  11:30 Cool Down on the Patio  1:00 Movie Matinee  3:00 Open Swim  4:30 Refreshments  7:30 Movie</p>