

THE WABASH ROOM

at Sycamore Reserve



Breakfast

available 7 am until 11 am

IRON & GRIDDLE

choice of side

BELGIAN WAFFLE

syrup, butter, powdered sugar

PANCAKE STACK

buttermilk or blueberry, syrup, butter

FRENCH TOAST

creamy cinnamon toast, berries, syrup, butter, powdered sugar

FARM FRESH XL EGGS

EGGS TO YOUR LIKING *

choice of two sides

WESTERN OMELET *

ham, onions, peppers, cheese, choice of side

HAM & CHEESE OMELET *

choice of side

VEGGIE OMELET *

mushroom, spinach, onion, peppers, choice of side

BREAD & CEREAL

TOAST, BAGEL, OR ENGLISH MUFFIN

toasted, jam, whipped butter

RAISIN BRAN OR RICE CHEX

milk - add berries

OATMEAL

brown sugar, blueberries

YOGURT PARFAIT

vanilla greek yogurt, granola, berries, honey

How it Works

Residents select one meal, with associated side(s) and beverage. During dinner, you'll have your choice of a daily dessert.

Guest meals are á la carte. Please ask your server for a guest menu.

SIDES

HICKORY SMOKED BACON

SAUSAGE PATTY

FRIED POTATOES

FRESH SEASONAL FRUIT CUP

EGG TO YOUR LIKING *

PANCAKE

BEVERAGES

SODA

MILK

JUICE

COFFEE

HOT TEA

HOT CHOCOLATE

Available for Lunch & Dinner

LEMONADE

ICED TEA

ARNOLD PALMER

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Allergens

Please be aware that our food may contain or contact common allergens, such as dairy, eggs, wheat, peanuts, tree nuts, soy, fish, or shellfish.

While we take steps to minimize risk and safely handle the foods we serve, please be advised that cross-contamination may occur.

Lunch & Dinner

available 11 am until 7 pm

SYCAMORE CLASSICS

SOUP OF THE DAY

made fresh daily

HOUSE SPECIAL CHILI

onions, cheese, crackers

FRESH CRISPY CHICKEN TENDERS

hand-cut french fries, ranch dressing

GRILLED CHICKEN BREAST

glazed w/ honey mustard, sweet thai, or buffalo sauce, choice of side

FISH & CHIPS

flaky cod, hand-cut french fries, coleslaw, tartar sauce, malt vinegar

FISH SANDWICH

flaky cod, tartar sauce, bun, coleslaw

SPAGHETTI & MEATBALLS

red sauce w/ parmesan cheese

PORK CHOP

grilled and seasoned to perfection

SANDWICHES

choice of side

ANGUS BEEF HOT DOG

- add chili & cheese

GRILLED CHEESE

classic american grilled cheese
- add bacon or ham

CLASSIC BLT

crispy bacon, lettuce, tomato, mayo

GRILLED CHICKEN

glazed w/ honey mustard, sweet thai, or buffalo sauce

FRESH ANGUS BEEF BURGER *

¼ lb patty – cheese, lettuce, onion, tomato, pickle

DELI SANDWICH OR SLIDER

honey ham, roast turkey, or egg salad, choice of toppings

ALL DAY BREAKFAST

available all day long, includes...

EGGS TO YOUR LIKING *, BACON,
CHOICE OF TOAST, BAGEL, OR
ENGLISH MUFFIN

GREENS

grilled chicken, grilled shrimp, grilled salmon, or hard-boiled egg

SWEET SUE'S BERRY SALAD

spring mix, fresh & dried berries, poppy seed, pita

SYCAMORE CAESAR SALAD

romaine lettuce, parmesan cheese, olives, house caesar dressing, pita

BUILD YOUR OWN SALAD

SIDE SALAD OR WHOLE SALAD

iceberg, romaine, spring mix

PROTEIN

grilled chicken or shrimp,
grilled salmon, hard-boiled egg

TOPPINGS

carrots, cucumbers, red onions, blueberries, raisins, tomatoes, pita bread, shredded cheddar, parmesan

DRESSING

ranch, blue cheese, french, caesar, honey mustard, poppy seed, italian, vinegar & oil - add extra

SURF & TURF

available after 5 pm, choice of side

GRILLED SALMON FILET

blackened or lemon pepper

GRILLED SKEWERED SHRIMP

blackened, old bay, or lemon pepper

GRILLED STEAK *

sauteed mushrooms

SIDES

HAND-CUT FRENCH FRIES

COLESLAW

FRESH SEASONAL FRUIT CUP

COTTAGE CHEESE

BAKED POTATO - dinner only

BAKED SWEET POTATO - dinner only

STEAMED BROCCOLI - dinner only

DESSERT

daily selection of dinner dessert specials, please check the board or ask a server